

# Cheektowaga Central High School Monthly Bulletin

*"Where Character, Curriculum & Community Connect"*

September 2023



## PRINCIPAL'S CORNER

Welcome to the 2023-24 school year! We are all excited to have students back in our classrooms and hallways, filling them with energy and enthusiasm for learning. We seek to have every child feel welcomed, connected and a part of our Central family. Additionally, we strive to challenge each student to grow in their academic abilities and believe that all students should graduate prepared to meet the demands of postsecondary education, meaningful careers and effective citizenship.

Please take a moment to review [the Code of Conduct](#) which outlines the expectations for all.

As we begin the school year, we expect that everyone: staff, students and parents, will be instrumental in helping CCHS continue its tradition of excellence. Together we can find new ways to build character, achieve academic greatness and create lasting high school memories.

Let's make this the best year yet!

*Mrs. Cyganovich*

Stay up to date:  
<https://www.cheektowagak12.org/>

## UPCOMING DATES AND EVENTS

9/6 – First Student Day

9/8 – Picture Day

9/12 – Last Day for Schedule Changes

9/12 - **Board of Ed Meeting 6pm LGI**

9/13 – Open House (5pm-7pm)

9/14 – Senior Portraits

9/23 – 9/30 – **Homecoming Week**

9/23 – Color Run (12noon)

9/26 – Power Puff Game

9/29 – Homecoming Football Game

9/30 – Homecoming Dance

**September Character Word  
LEADERS**

## HIGH SCHOOL INFORMATION

Doors Open for Students	7:00 am
Warning Bell for 1 <sup>st</sup> Period	7:14 am
1 <sup>st</sup> Period Starts	7:17 am

HS Main Office	716-686-3601
HS Student Services	716-686-3634
HS Athletic Office	716-686-3659

GREAT LEADERS DON'T  
SET OUT TO BE A  
LEADER...THEY SET OUT  
TO MAKE A DIFFERENCE.  
IT'S NEVER ABOUT THE  
ROLE-ALWAYS ABOUT  
THE GOAL.

A leader is one who  
knows the way,  
goes the way, and  
shows the way.

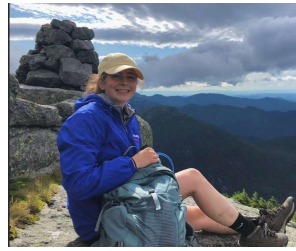
—JOHN MAXWELL

## HS TEACHERS NEW TO THE DISTRICT



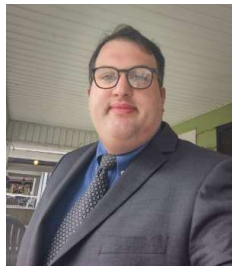
**Ms. Aiken** is excited to start her journey at Central. She looks forward to primarily engaging her students & guiding them through a crucial academic

phase. Ms. Aiken is a graduate from Niagara University in social studies education and is currently pursuing her Master's degree from the University of Albany in Curriculum and Instruction Technology. Within her classroom, Ms. Aiken strives to grow her students' appreciation for history by instilling the idea that it is impossible to understand the present without understanding the past. She is a firm believer that hard work and determination have the ability to overcome any obstacle. Outside of the classroom, Ms. Aiken is an avid golfer and Buffalo Bills fan. This school year you can also find her coaching on the soccer and softball field. With enthusiasm, Ms. Aiken is beyond excited to join the Cheektowaga Family!



**Miss Brunner** is a graduate from the University at Buffalo with a background in engineering and math. She did not grow up in the WNY area, but has made

Buffalo her home and is excited to have Cheektowaga become a part of that. Miss Brunner was fortunate enough to learn and grow at Central during her student teaching, creating relationships with the students here that she can continue to grow. Outside of teaching, she enjoys being outside rock climbing, kayaking, hiking and anything that involves exploring this beautiful Earth! She also became known as the one who does riddles, so if you have a good riddle, find her and share it!



**Mr. Chasse** grew up in the beautiful Finger Lakes region of New York State before Buffalo stole his heart. He is a graduate of the now former Medaille College and earned his Master's degree from St.

Bonaventure University. Although he has taught many courses including Government & Economics, MS Social Studies, English, Science, Writing Language Arts, and Technology, his expert subject is Global Studies which he has the good fortune of teaching here at Central. His classes emphasize a hands-on approach to history, while also looking at the unique quirks and profiles of historical figures to make learning more enjoyable. Outside of school, Mr. Chasse is a former Niagara Falls tour guide, and enjoys video games, watching sports, reading hot sauce reviews on Amazon, and spending time with his quirky orange tabby Charlie. He also loves puns and is not afraid to drop one if the moment is right.



**Mr. Cross** is excited to be joining the Cheektowaga Central community. He was born and raised on the East side of Buffalo and attended McKinley High School where he fell in love with the idea of teaching English. After high school, he went to Buffalo

State College where he majored in English Education and received his Bachelor's. He continues on the journey of education where he will soon receive his Master's and begin his PhD program. Mr. Cross is a huge believer in the intersection of community and education. In his classroom, there will be plenty of discussions centered around real world issues and topics that will allow students to explore those same ideas through research & investigating texts. He believes in the progression and success of his students and strives to ensure that each voice is heard. As a product of the Buffalo/Cheektowaga area, he believes it is his obligation to stay in the area and teach our future generation of professionals.



**Mr. Fries** comes to his first year of teaching social studies after completing his bachelor's and master's degrees at the University at Buffalo. Mr. Fries is excited to return to Cheektowaga Central High School after completing his student teaching experience with

Mr. Marcussen in the Spring. He loves sports, especially baseball and golf, and looks forward to getting involved in the school community any way he can!



**Mr. Harper** is excited to return to Cheektowaga Central High School as a new Social Studies instructor. He was adopted from South Korea but raised in

Kenmore, and enjoys playing video games, studying history, and reading scary stories. He can't wait to begin his new journey with the wonderful folks of Cheektowaga Central!



**Ms. Lehner** is an alumni of Cheektowaga Central High School. She received her Bachelor's degree in Human Resource from Empire State College and recently completed her

Master's degree in School Librarianship at the University at Buffalo. As the librarian, Ms. Lehner hopes to share her love of reading and all things information, and is also looking forward to connecting students with books that speak to them. Outside of the library, Ms. Lehner enjoys hiking, camping, and spending time with her two daughters. She is beyond excited to be returning to Cheektowaga Central, a place she always considered "home".



**Mrs. Mills** comes to Cheektowaga with 13 years of teaching in both general education and special education. After hearing such great things about Cheektowaga Central she knew that this was the place that she needed to be. Mrs. Mills went to Canisius College for her undergraduate degree in Mathematics and Education and her master degree

in Differentiated Instruction. Mrs. Mills teaching philosophy is that every student is capable of being successful with encouragement, and the right amount of help and effort. Mrs. Mills currently lives in North Tonawanda with her husband and her daughter. In her spare time, she enjoys crafting, watching the Buffalo Bills and taking trips to Disney with her family.

## STUDENT SERVICES COUNSELOR ASSIGNMENTS

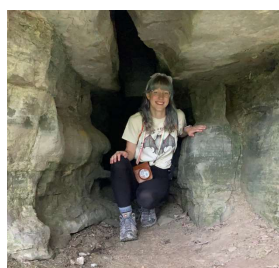
Students	Counselor	Phone
Student Last Names A-J	Mr. Rhodes	686-3637
Student Last Names K-S	Mrs. Nichols	686-3647
Student Last Names T-Z, All Transition Program, and P-Tech	Mrs. Smith	686-3635
All IEPs	Mrs. Wall	686-3636
Student Services Secretary	Mrs. O'Connor	686-3634





**Mr. Mittlefehldt** comes to Cheektowaga with his eyes on helping our English Language Learning population strive to be their best selves. Formerly a graduate of Wilson Central Senior High School, Mr. Mittlefehldt fell in love with

the arts and humanities as a Latin student. His academic experiences have placed him in challenging situations as a non-native speaker of another language completing coursework that earned him a Masters in Humanities from the University of Buffalo and Universidad de la Habana. Now, he brings his enthusiasm for individual and cultural expression to Cheektowaga where he aims to help celebrate diversity, equity, and inclusion with his students. He is an avid Bills fan and loves outdoor activities in his free time. Mr. Mittlefehldt is proud to join the Cheektowaga Central family!



**Ms. Nagel** completed a Bachelor's degree in Biology from SUNY Geneseo and a Master's in Science Education from Buffalo State. Her love and passion for the natural world has led her to

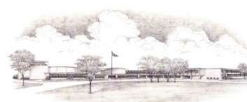
teaching, where she has gained experience in nature centers, museums and schools around Western New York. She most recently worked at the Buffalo Zoo, coordinating various education programs both in and out of schools. In her free time, she enjoys painting, hiking with friends, rollerblading, reading, and hanging out with her dog and tortoise. She is excited to join the Cheektowaga community!



The high school has a **Learning Center** (C131) that is open for academic support during the day. Any student may go here during study halls & lunch.

Departments offer support afterschool till 2:32 and there are busses to get students home. The schedule is as follows:

**Monday**- Science, Social Studies & PE  
**Tuesday**- Math, PE & All Specials  
**Thursday** – ELA & PE  
**Friday** – World Languages & PE



**JOIN US FOR...**  
**Cheektowaga Central High School's**  
**Open House**

**Wednesday, September 13<sup>th</sup>**  
**Stop in anytime 5pm-7pm**

*Meet staff, visit classrooms and collect information!*

*There is no set schedule. You are free to move at your pace and ask course specific questions.*

