

11

18

25

Wednesday

Hamburger on WG Bun

Green Peas 1/2c

Mixed Vegetables 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

Mozzarella Sticks

w/Dipping Sauce

Cauliflower 1/2c

**Steamed Carrots 1/2c** 

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

Macaroni and Cheese

Chef's Choice 1/2c

Chef's Choice 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

HALF DAY

Tuesday

Taco In A Bag

Seasoned Rice

Baked Beans 1/2c

Seasoned Corn 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

Nacho Grande

Vegetarian Beans 1/2c

Seasoned Corn 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

Taco In A Bag

Chef's Choice 1/2c

Chef's Choice 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

**Mozzarella Sticks** 

w/Dipping Sauce

Chef's Choice 1/2c

Chef's Choice 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

## Lunch Cheektowaga Middle School

13

20

27

Thursday

Rotini w/Meat Sauce

WG Dinner Roll

NYS Potatoes 1/2c

Steamed Carrots 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

**Chicken Tenders** 

Seasoned Noodles

Mixed Veggies 1/2c

Sliced Cucumber 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

Happy Juneteenth!

HALF DAY

Last Day of School !!

12

19

26

Friday

Egg. Sausage and

**Cheese Sandwich** 

1C Romaine Lettuce=1/2c

Steamed Broccoli 1/2c

Milk-8oz

Flag Day!!

Hamburger or Cheese-

burger on WG un

1C Romaine Lettuce=1/2c

Steamed Broccoli 1/2c

Milk-8oz

\*Stars & Stripes\*\* Sidekick

**Frozen Fruit Punch** 

Popcorn Chicken

Seasoned Noodles

Chef's Choice 1/2c

Chef's Choice 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

NO

SCHOOL

Fresh Fruit or Fruit cup 1/2c



**NYS LOCAL FOODS** \*Upstate Farms Milk, Yogurt, Sour Cream **Eden Valley Growers Assorted Fruits & Vegetables** used in Meal Program highlighted in green

For Information for Summer Meals Please Visit Www.Summermealsny.Org Or Call 211 or 866-3-HUNGRY.

## **The Following Entrees Served Daily:**

6" Subs and Wraps (2M2G)

**Pre-Made Salads** w/Flatbread (2M2G)

**Peanut Butter & Jelly** Sandwich (2M2G)

Fruit & Yogurt Parfait w/Flatbread (2M2G)

Cheese or **Cheese & Pepperoni Pizza** 

> **Offered daily** with all School Lunches:

**Fresh Fruit or Fruit cup** (Must take ½ cup of Fruit or Vegetable - may take up to 1 cup)

NY State 1% White Milk 8oz NY State FF Chocolate Milk 8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN

larvesi

of 🍘 the

Month

Monday

**Popcorn Chicken** 

Seasoned Noodles

Green Beans 1/2c

Sweet Potatoes 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

Hot Dog on WG Roll

**Bag of Chips** 

Celery Sticks 1/2c

Carrot Sticks 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

**Chicken Patty on** 

WG Roll

Chef's Choice 1/2c

Chef's Choice 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

**Chicken Tenders** 

Seasoned Rice

Chef's Choice 1/2c

Chef's Choice 1/2c Fresh Fruit or Fruit cup 1/2c

Milk-8oz

NO

SCHOOL

16

23

30

2025

10

17

24

If your child has a particular food allergy, please contact the Food Service Office @ (716)686-3638

\*Menu subject to change