



NYS Apples

June


2025 5-8



Breakfast

Cheektowaga Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
2 Frudel	Cinnamon Toast Crunch Filled Bar	4 WG Muffin w/WG Graham Goldfish	5 Mini Waffles	6 IW Cinnamon Roll
4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz
9 Mini French Toast	10 Cinni Mini	11 WG Muffin w/WG Graham Goldfish	12 Pancakes	13 IW Cinnamon Roll
4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz
16 Mini Waffles	17 Frudel	18 WG Muffin w/WG Graham Goldfish	19 Happy Juneteenth!	20 IW Cinnamon Roll
4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz		4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz
23 Cook's Choice	24 Cook's Choice	25 Cook's Choice	26 Last School Day!	27 NO SCHOOL
4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh Fruit or Fruit cup 1/2c Milk-8oz	
30 NO SCHOOL				

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

For Information for Summer Meals Please Visit
www.Summermealsny.org
Or Call 211 or
866-3-HUNGRY.

Breakfast Options Daily

Daily Entrée-1 (2G)

OR

Cereal 2oz (2G)

Mon, Wed & Fri

OR

WG Pop Tart (2G)

Tues & Thurs

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh Fruit or Fruit cup

100% juice -1/2 cup

(May take up to 1 cup)

*NY State 1% White Milk 8oz

*Menu subject to change

If your child has a particular food allergy,
please contact the Food Service Office @
(716)686-3638

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN