

10

17

24

Tuesday

**Cinnamon Toast Crunch** 

**Filled Bar** 

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

Cinni Mini

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

EXAM DAY

**BAGGED BREAKFAST** 

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

EXAM DAY

**BAGGED BREAKFAST** 

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

Harvest

Month

Monday

Frudel

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

**Mini French Toast** 

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

Mini Waffles

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c Milk-8oz

EXAM DAY

**BAGGED BREAKFAST** 

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

NO

SCHOOL

**NYS Apples** 

16

23

30



Wednesday

WG Muffin

w/WG Goldfish Cracker

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

WG Muffin

w/WG Goldfish Cracker

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

EXAM DAY

**BAGGED BREAKFAST** 

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

EXAM DAY

**BAGGED BREAKFAST** 

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

11

18

25



4oz assorted Juice cup 1/2c 4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c Fresh Fruit or Fruit cup 1/2c

4oz assorted Juice cup 1/2c 4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c Fresh Fruit or Fruit cup 1/2c

20

27

13

Friday

IW Cinnamon Roll

Milk-8oz

**IW Cinnamon Roll** 

Milk-8oz

EXAM DAY

**BAGGED BREAKFAST** 

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

NO

SCHOOL

Thursday

Mini Waffles

Milk-8oz

**Pancakes** 

Milk-8oz

Happy Juneteenth!

EXAM DAY

**BAGGED BREAKFAST** 

Last School Day!

4oz assorted Juice cup 1/2c

Fresh Fruit or Fruit cup 1/2c

Milk-8oz

12

19

26



NYS LOCAL FOODS \*Upstate Farms Milk, Yogurt, Sour Cream Eden Valley Growers Assorted Fruits & Vegetables <u>used in Meal Program</u> <u>highlighted in green</u>

For Information for Summer Meals Please Visit <u>Www.Summermealsny.Org</u> Or Call 211 or 866-3-HUNGRY.

Breakfast Options Daily \*Daily Entrée-1 (2G) <u>OR</u> WG Bagel w Cream Cheese <u>OR</u> Cereal 2oz (2G) Mon, Wed & Fri OR

WG Pop Tart (2G) Tues & Thursday

## **Offered with all Breakfasts**

\*Whole Grain (WG) Entrees \*Daily Selection of Fresh Fruit or Fruit cup 100% juice -1/2 cup (May take up to 1 cup) \*NY State 1% White Milk 8oz \*NY State FF Chocolate Milk 8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN

If your child has a particular food allergy, please contact the Food Service Office @ (716)686-3638

\*Menu subject to change