# Cheektowaga Central High School Monthly Bulletin

"It's All About the Learning"



March, 2023





#### PRINCIPAL'S CORNER

The 2023 Women's History theme, "Celebrating Women Who Tell Our Stories," recognizes women, past and present, who have been active in all forms of media and storytelling. They have devoted their lives and talents to producing art and news, pursuing truth and reflecting society decade after decade.



Oprah Winfrey is one of the world's wealthiest media executives and a popular television show host on "The Oprah Winfrey Show." She has won numerous awards for her professional an charitable work.



Barbara Walters was the first woman to host "The Today" Show and the first female co-anchor in the evening news. Her intelligence and bravery changed the world of television.



Connie Chung is the first Asian News Anchor. She has become one of the most recognizable personalities in American culture and one of the most sought-after and highly paid broadcasters in contemporary media.



Maria Elena Salinas is known as the "Voice of Hispanic America" and the first Latino to receive a Lifetime Achievement Emmy.

These are just a few of the brave and influential women who told – and continue to tell – our stories. Today and over the years ahead, their dedication and shared desire to give voice to the voiceless are critical to keeping us informed, entertained and aware.

Mrs. Cyganovích

#### **UPCOMING DATES AND EVENTS**

3/3 – 3/5 HS Musical Footloose

3/6 – PTSO Meeting 7pm in C120

3/7 - Board of Ed Meeting 6pm in LGI

3/15 – All Band Concert 7pm

3/17 – Staff Development Day (no classes)

3/21 - All Chorus Concert 7pm

3/23 - Parent Info Session 6pm (see last page)

# Character Word of the Month Forgiveness

#### **HIGH SCHOOL INFORMATION**

Student Hours 7:17am – 1:47pm

(Mon, Tues, Thurs, Fri)

Student Hours 7:17am – 12:45pm

(Wed)

Remedial 1:54pm - 2:32pm

(Mon, Tues, Thurs, Fri)

 HS Main Office
 716-686-3601

 HS Student Services
 716-686-3634

 HS Athletic Office
 716-686-3659



FORGIVENESS DOES
NOT CHANGE THE
PAST BUT IT DOES
ENLARGE THE
FUTURE.

To forgive is not to excuse what the other person did. It's to prevent their behavior from destroying your heart.





Mrs. Santopolo's ELA 9 classes have been reading William Shakespeare's play, Romeo and Juliet. They created masks after reading the masquerade ball scene.



In the 12th grade elective, Cultural Perspectives, the students have been exploring articles, poems, short stories and documentaries highlighting the struggles, contributions, and achievements of Black Americans.



Here at Cheektowaga Central, Algebra 2 is taught in a more interactive way in Mr. Fitzgerald's classroom. Students are graphing complex equations, checking solutions, challenging each other's predictions, and providing rich solutions to problems, all while using the interactive math software, DESMOS. Although Algebra 2 is a hard course, students are relieved to be using the Desmos calculator in tandem with their Chromebooks to understand mathematics. Students are really happy to be in an upper level math class, anxiety is down and learning is up!



Living Environment
students have been
experimenting with
an indicator called
Bromthymol Blue.
They incorporated
movement and
exercise into their
lesson to help with their
experiment!







**Earth Science** students are in the middle of the meteorology unit. Currently, they are exploring a

website that allows them to see the wind speeds around the globe. They have also been

digging deeper into their understanding of the correct conditions to create clouds in the atmosphere. Experiments in class solidified their understanding that clouds require low pressure systems to be created!





The Social Studies department continued to help our students develop their historical thinking skills this month. Students took their midterms this past January. Their data was analyzed to determine which areas our students show strength in as well as areas that still need further development. They continue to apply skills in examining point of view, looking for bias, and determining purpose as new content is learned. Our students are learning to "think like a historian" as they find relationships between events in history and make connections.









Feb. 9<sup>th</sup> BHM Show



World Languages classes were inspired throughout the month of February. French and Spanish 4 & 5 classes created vision boards for their future. Level 1 classes colored hearts according to parts of speech. Spanish 5 students created special Valentine's coronas (crowns).





Students in Mrs. Lorenz's **Computer Science** class were awarded a trip to an Escape room to test the skills they learned in class to unravel the complexity of a Deep Space mission.









Mrs. Crumlish's ceramics class is learning to use underglazes on their ceramic pieces and Studio in Art is finishing up their color wheel unit using colored pencils to blend color temperatures.







The HS Jazz Ensemble spent an entire Saturday at Buffalo State College with musicians from City Honors, BAVPA and Williamsville East where they received clinics and masterclasses from area professionals. They put on a formal concert for each other and the public. Lots of new friends were made through the power of music!!



This month is the start of a new semester in Family and Consumer Science. Student have been able to practice measuring skill while enjoying smoothies, muffins and cupcakes!







Student Services met with each grade level regarding what to expect for the following year, graduation requirements, as well as have the students fill out course requests for next school year.

3/15 - Buffalo National College Fair - hosted at the Buffalo Convention Center by NACAC. 100+ Colleges from around the world will be in attendance and willing to answer any questions our students may have about their school or the college process. It is open to 11<sup>th</sup> and 12<sup>th</sup> grade students.

**3/21** - Be Your Own Hero Skilled Trades Fair - hosted at Highmark Stadium. 70+ Employers will be available to talk to students about potential job opportunities.



Ms. McKenzie's classes assisted in bringing back the annual Black History Month Program. This year's theme was "Choose Love: Black History in Buffalo". The students conducted research on the history of African Americans in Buffalo NY. They paid tribute to the victims of the Tops tragedy and there were a variety of songs to uplift our spirits as well as an Alumni Wall which highlighted the great achievements of our Warrior family. The ultimate goal was to remind everyone of the power of LOVE.



#### Welcome New Staff



Mr. Williams, who joined the Cheektowaga staff as a hall monitor in February, is a proud Cheektowaga Central alumnus! Spending his days with all of the teachers who

once taught him is something he truly values. Mr. Williams enjoys offering advice to students to help them impress their teachers. He says, "To be here now is an honor and I really enjoy the adventures every day I am here."

Outside of school, Mr. Williams likes to play with his dogs and play his PS5.

## Athletics Home Matches

#### States

3/3 - 3/5 - Daniel Richardson is representing the Boys Track team in Staten Island

#### Sectionals

**3/4** – B V BK – East Aurora @ Buff State -1:45 **3/6** – Unified Bowling @ Airport Lanes-8:30am

#### Spring Season

3/13 - JV/Varsity Practices Start

3/23 - G V Softball - Nichols - 4:45

3/27 - G V Softball - Tonawanda - 4:30

**3/28** – B V Baseball - Frederick Law Olmsted – 5:00

3/29 - G V Softball - Frontier - 5:00

3/30 - G V Softball - John F. Kennedy - 5:00

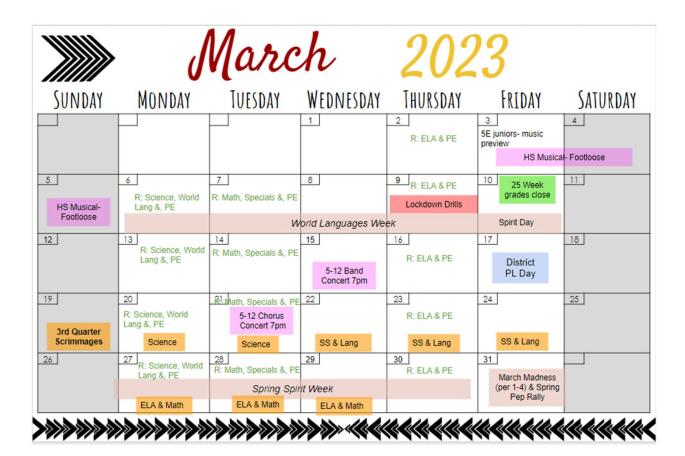




Section 6 B1 Semi Final Champs



### Student Calendar













Feb. 4<sup>th</sup> Dance



## **Parent Information Series**

Open to all K-12 parents/guardians
All presentations will be held in person at the High School Auditorium

#### >> Being Positive for Our Kids: Promoting Social Emotional Strengths

#### ▶ March 23, 2023 at 6 p.m.

Stephanie S. Fredrick, Ph.D., NCSP

Licensed Psychologist

Nationally Certified School Psychologist

Associate Director, Alberti Center for Bully Abuse Prevention

University at Buffalo, SUNY

Interdisciplinary research from the fields of education and psychology make it clear that we should be focusing on the social emotional health of children and adolescents. Social emotional skills create a sense of accomplishment, contribute to satisfying relationships, enhance the ability to cope with stress, and promote social and academic development. The session will describe the concept of social emotional learning, the importance of strength-based approaches, and what parents can do to enhance the social emotional strengths of children and adolescents within home or educational settings.

#### >> Social Media Safety Presentation

#### >> April 19, 2023 at 6 p.m.

Officer Andrew Nati, Cheektowaga Police Department

It is important for parents to understand the potential issues and safety concerns that come along with modern technology. This presentation will appeal to the tech savvy parent, the parent who is technology-litterate, and everyone in between.

Parents will also learn specific information just for them, including:

- · best practices on keeping their kids safe online
- · techniques on how to talk to their kids about technology
- · avoid getting overwhelmed while staying relevant in the ever-changing world of "apps"
- popular apps and what they need to worry about
- helpful tools on how to monitor their child on social networks
- resources for security settings on different apps
- texting lingo parents need to know

#### **▶▶** Helping your Child Manage Anxiety

#### ▶ May 18, 2023 at 6 p.m.

Stephanie S. Fredrick, Ph.D., NCSP

Licensed Psychologist

Nationally Certified School Psychologist

Associate Director, Alberti Center for Bully Abuse Prevention

University at Buffalo, SUNY

Many children and teenagers struggle with stress or anxiety and how to cope when they feel overwhelmed. Parents can play a positive and important role in promoting their child's mental health and reducing anxiety. This session will provide an overview of anxiety in childhood and provide information, strategies, and resources for parents and families on helping children and teenagers reduce anxiety and promote well-being.



