

Cheektowaga Central

Lunch Menu



September 2020

A reimbursable full meal consists of a fruit/juice and two other items. Students may take up to 1 cup of fruit: Fresh, prepared or juice.

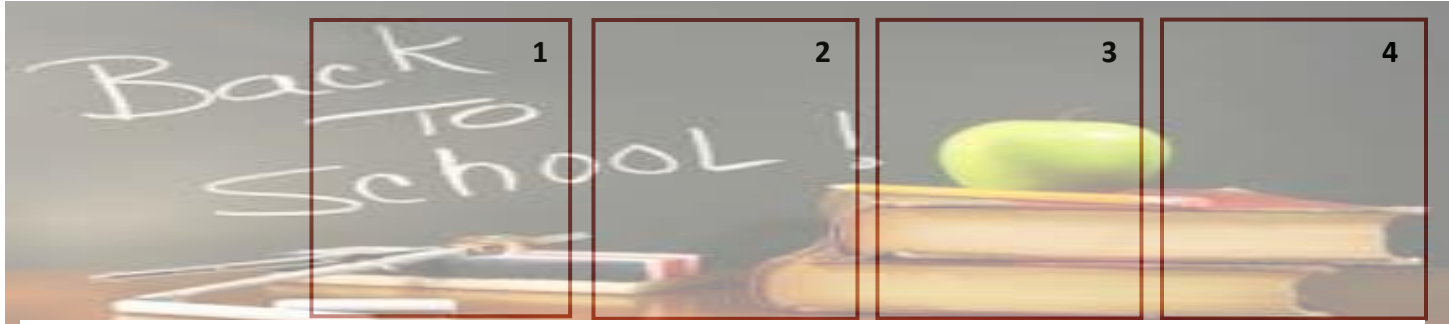
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



7

Labor Day

8

**Chicken Nuggets w/
Ranch Dip**

Fruit Cup
Broccoli
Baby Carrots
Milk

9

**Cinnamon French
Toast w/ Sausage and
Syrup**

Cinnamon Apples
Hashbrowns
Baby Carrots
Milk

10

Hot Dog on a Bun

Diced Pears
Garden Peas
Baby Carrots
Milk

11

**Sweet and Sour
Chicken Bowl**

Fruit Cup
Green Beans
Baby Carrots
Milk

14

**Mini Pancakes w/
Sausage and Syrup**

Cinnamon Apples
Hashbrowns
Baby Carrots
Milk

15

Pizza Sub

Fruit Cup
Garden Salad
Baby Carrots
Milk

16

**Beef Totchos w/
Tomato & Lettuce**

Diced Peaches
Seasoned Corn
Baby Carrots
Milk

17

Roasted Chicken

Diced Pears
Green Beans
Baby Carrots
Milk

18

Cheeseburger

Fruit Cup
Vegetarian Beans
Baby Carrots
Milk

21

Buffalo Chicken Sub

Fruit Cup
Green Beans
Baby Carrots
Milk

22

Taco in a Bag

Fresh Orange
Black Beans
Baby Carrots
Milk

23

**Cinnamon French
Toast w/ Sausage and
Syrup**

Cinnamon Apples
Hashbrowns
Baby Carrots
Milk

24

**Mozzarella Stuffed
Breadsticks w/
Marinara Sauce**

Diced Pears
Broccoli
Baby Carrots
Milk

25

Pizza

Diced Peaches
Cucumber Wheels
Baby Carrots
Milk

28

Chicken Quesadilla

Applesauce
Vegetarian Beans
Baby Carrots
Milk

29

Cheeseburger

Diced Pears
Tater Tots
Baby Carrots
Milk

30

**Chicken Patty
Sandwich**

Diced Peaches
Cucumber Wheels
Baby Carrots
Milk