

BMI PARENTAL NOTICE FOR 2015-2016

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI". The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. New York State Education Law requires that the BMI and weight status group be included as part of the student's school health examination. We are required to report to the New York State Department of Health information about our student's weight status groups. Only summary information is sent, no names and no information about individual students will be sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will assist health officials to develop programs that will help to make it easier for children to be healthier. If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form by **OCTOBER 1st** to the attention of your child's school nurse at the following address:

Cheektowaga Central Schools
3600 Union Road
Cheektowaga, NY 14225
To the Attention of:

Pine Hill Education Center:	Mary Nayda, School Nurse
Union East Elementary School:	Kimberly Krempa, School Nurse
Cheektowaga Central Middle School:	Erin Heerd, School Nurse
Cheektowaga Central High School:	Angela Brock, School Nurse

Please do not include my child's weight status information in the 2015-2016 School Survey.

Print Child's Name

School

Parent/Guardian's Name

Date

Parent/Guardian's Signature