



MONDAY

TUESDAY

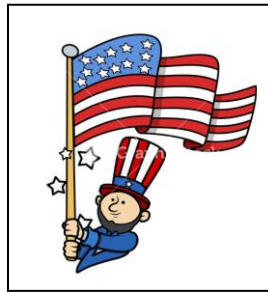
WEDNESDAY

THURSDAY

FRIDAY

Weekly Cold Entrée Offering
Monday – Turkey & Cheese Sandwich
Tuesday – Ham & Cheese Sandwich
Wednesday – Yogurt Lunch
Thursday – Super Hero Sub
Friday – Tuna Salad Wrap

Snacks
Cookie \$.50
Rice Krispy Treat \$.50
Milk \$.60
Juice Cup \$.70
Assorted Chips \$.75
Fruit Roll-up \$.75
Hot Soft Pretzel \$1.00
Ice Cream \$1.25



Baked Cheese Pizza 1
Vegetarian Beans or Cauliflower
Fresh Fruit or Mixed Fruit ~ Milk
Salad of the Week
Lift Off Spinach Salad

Chick & Strips Basket 4
(Nuggets & Breadsticks)
Carrot Coins or Corn Niblets
Fresh Fruit or Mixed Fruit Milk
Salad of the Week
Chef Salad

Sloppy Joe on a Bun 5
Broccoli or Mixed Vegetables
Fresh Fruit or Diced Peaches
Milk

Pancake & Syrup 6
w/ Turkey Sausage Patties
Baked Oven Fries or Cucumber Slices
Fresh Fruit or Applesauce, Milk

Twin Soft Shell Tacos 7
Vegetarian Beans or Green Beans
Fresh Fruit or Diced Pears
Milk

Baked Cheese Pizza 8
Steamed Carrot Coins or Brussel Sprouts
Fresh Fruit or Mixed Fruit
Milk

Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a fruit or vegetable.

Chicken Nuggets 11
w/ Seasoned Noodles
Sweet Peas or Roasted Cauliflower
Fresh Fruit or Fruit Cup
Milk
Salad of the Week
Chicken Caesar Salad

Hamburger 12
Steamed Broccoli or Tomato Soup
Fresh Fruit or Diced Peaches
Milk

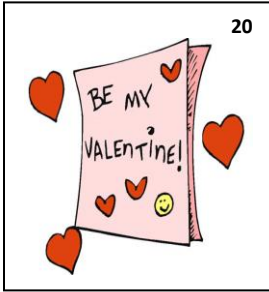
French Toast Sticks & Syrup 13
w/ Turkey Sausage Patties
Baked Oven Fries or Carrots
Fresh Fruit or Applesauce
Milk

Valentine's Day Roasted Turkey & Gravy 14
w/ Whole Grain Biscuit
Mashed Potatoes & Golden Corn
Valentine Cookie
Fresh Fruit or Diced Pears, Milk

Baked Cheese Pizza 15
Vegetarian Beans or Green Beans
Fresh Fruit or Mixed Fruit
Milk



Winter Recess 19



Winter Recess 21

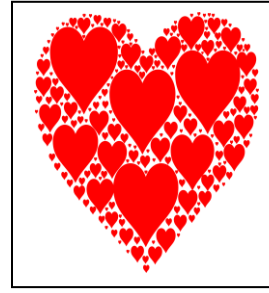


Cheeseburger 25
Broccoli or Mixed Vegetables
Fresh Fruit or Fruit Cup
Milk
Salad of the Week
Chicken Nugget Salad

Chicken Nuggets 26
w/ Seasoned Rice
Romaine Salad or Steamed Carrots
Fresh Fruit or Diced Peaches
Milk

Cinnamon Sticks 27
w/ Turkey Sausage Patties
Tater Tots or Celery Sticks
Fresh Fruit or Applesauce
Milk

National Chili Day Hot Dog on a Bun 28
w/ Chili Sauce on side
Vegetarian Beans or Golden Corn
Diced Pears
Milk



Milk Variety Includes:

1% White, Fat Free Chocolate & Skim

All grains are whole grain rich

Meal Components ~ Protein Grain Fruit Vegetable Milk
Entrees may consist of 1-3 components

Available Daily

Peanut Butter & Jelly Sandwich
Baby Carrots (1/4 c) ~ Fresh Fruits

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